

Finding Your Size

Finding your size can be easy if you follow the instructions below.

Each garment we supply will have a size chart which can be found in the catalogue or online.

Make sure to use the relevant measuring method that the garments measurements are shown in, ie half chest or full body. Also make sure that you're using a tape which matches the measurement units ie CM or INCHES.

Need help? No problem! Contact us now.



How to measure your **half chest**

- Find a similar style garment to what you're looking at (ie use a tee if you want to find your tee size). Make sure that the one you're measuring is a fit you're comfortable wearing.
- Lie the garment on a flat surface.
- Use a tape measure to measure across the front of the garment around 2.5cm down from where the arm joins the body.
- Compare the measurement to the size guide and find the closest matching size. If you're between sizes choose the larger size.

How to measure your **body**

- Using a tape measure wrap it around your body at the required places:
 - Bust:** run the tape around your chest at the fullest part. Make sure the tape is under the arms and straight.
 - Waist:** run the tape around your waist at the smallest part (usually just above the belly button and below the rib cage).
 - Hips:** run the tape around your hips at the widest part. Keep the tape straight across your rear and hips.
- Make sure the tape measure isn't too tight or loose as this will negatively effect the measurements.
- Compare the measurements to the size guide and find the closest matching size. If you're between sizes choose the larger size.

